

SDCPhA Meeting

Thursday, April 8, 2021

AGENDA

1. Call to Order - 6:33pm
2. Next meeting 5/13/21 @ 6:30pm
3. Roll Call
 - a. Jennifer Hendricks, Paul Dwork, Cathy Lam, Renu Singh, James Colbert, Danny Martinez, Indroneal Bannerjee, Danielle Jones, Adrian, Laura Lucero, David Bao,
4. Introduce guest speaker
 - a. Indroneal Bannerjee, PhD, Senior Medical Science Liaison, Abbvie GI-Care presenting on “Exocrine Pancreatic Insufficiency” (EPI)
 - i. EPI is a secondary condition associated with several conditions that result in the loss of pancreatic parenchyma, pancreatic duct obstruction, or decreased activity of pancreatic enzymes. Clinical eval and judgement are essential in Dx, considering that risk is not clear in certain populations.
 - ii. Anatomy/Physiology review - roughly behind the stomach, 6” in length, about 3 oz
 1. Islet cells - produce factors involved in sugar uptake
 2. Exocrine cells - Acinar Cells & Ductal cells
 - iii. EPI
 1. Definition: Reduction in pancreatic enzyme quantity and/or activity to a level below the threshold required to maintain normal digestion. Loss of production, reduced delivery, or decreased activity of the enzymes. Lipase output/activity is critical to lipid absorption.

2. Etiology - CFTR gene mutation, destruction of pancreatic parenchyma, obstruction of the pancreatic duct, surgery (EPI can develop due to resection of pancreatic tissue or surgically altered physiology), pancreatic cancer
 3. Associated Conditions - T1DM, gastric surgery, Crohn's Disease, Celiac disease, acute pancreatitis
 4. Symptoms - bloating, flatulence, abdominal pain, diarrhea, steatorrhea
 5. Clinical Presentation - wt loss, sarcopenia, malnutrition, fat-soluble vitamin deficiencies, impaired QoL
 6. Dx Protocol - identifying at risk pts (pt w/ chronic GI Sx wait about 3.7 years before seeing an HCP), differentiating from non-specific Sx (very similar to SIBO), no "ideal test",
- iv. Management of EPI - PERT (porcine derived lipases, proteases, and amylases indicated for Tx of EPI due to CF, CP, PY, or other conditions). Exogenously replacing the enzymes. PERT must be taken with a meal or snack!!!
1. Safety: do not chew or retain in mouth, caution in pts with gout/renal impairment/hyperuricemia, caution in porcine allergy, fibrosing colonopathy has been reported in pts w/ cystic fibrosis
 2. www.essentialsofepi.com
 3. Contact info: indroneal.banerjee@abbvie.com

5. CPhA UPDATES w/ Danny Martinez

a. Statewide update -

- i. 4/17 - Pharm Based Immunization Delivery
- ii. 4/17 - Immunization Admin by techs
- iii. 4/24 - Advanced Practice Pharmacist Certificate Program
- iv. Registration open - 4/14 - Virtual Advocacy Day

- v. WPE New Date - 6/18-6/20 in Palm Springs
- b. CPhA Membership Benefits - Pharmacy Law & Practice Conference included - hosted virtually in 2021 - 6.5 CE hours
- c. SB 362 (Newman) - Community pharmacies: quotas
 - i. Prohibits community pharmacy from establishing quota for monetary gain
 - ii. Questions of penalties and definition of quotas
- d. AB 671 (Wood) - Medi-Cal Pharmacy Benefits
 - i. Authorizes DHS to provide a Dx mgmt or similar payment to a pharmacy that the department has contracted with to dispense a specialty drug to Medi-Cal beneficiaries in an amount necessary to ensure beneficiary access
- e. SB 524 (Skinner) - Patient Steering
 - i. Limits health plans from steering pts to their own pharmacies
- f. AB 1064 (Fong) -
 - i. Authorizes pharmacists to administer all FDA approved vaccinations for CA residents 3+ y/o
- g. Survey to evaluate SBOP - how is the board operating
 - i. Ask for feedback in writing

Contact Daniel Martinez - dmartinez@cpha.com

6. Old Business: Approve March Meeting Minutes

1. President-elect: need nominations!!
2. Need speaker recommendations for Questions about Rx pricing (e.g. reimbursements, discount cards, etc.)—f/u with Danny from CPhA

7. New Business

- a. Future Meeting planning
 - i. Science Fair winners' presentations
 1. Delivering awards to winners

- ii. Speaker on drug pricing and/or discount cards
 - iii. Other speakers? CE?
- b. Fundraising:
- i. Professional Headshots
 - 1. Gary Paduana, photographer from last time charged as follows:
 - a. \$95/hr, minimum 1 hour, with no restrictions on the number of photos taken, sites, clothing changes, poses, etc. I will provide all of the raw, unedited shots for you to use as you please, and offer editing for an additional \$15 per photo. I would recommend at least 1 edited photo per person for the best experience. Any travel time exceeding 1 hour round trip from 92037 to your preferred site will be \$40/hr.
 - 2. Andrew Tran: getting quote
 - 3. Time frame? Some weekend in early May to give time to schedule and promote?
 - 4. Fees:
 - a. Members: free or charge?
 - b. Non-members: charge?
- c. Social events: Suggestions from Laura Lucero (unable to join)—want to discuss or have a poll or just pick one and set it up?
 - i. Scavenger hunts
 - ii. Jackbox Party Games
 - iii. Virtual Werewolf (here are the rules):
 - iv. Virtual Pictionary: scribbl.io
 - v. Virtual murder mystery:

- vi. Here is a list of possible stories:
<https://teambuilding.com/blog/virtual-murder-mystery>
- vii. Virtual Travel Happy Hour
- viii. Most likely to.... (might help to get to know each other a little better!)

8. Community announcements

- a. Drug Take-Back Day: April 24, 2021
 - i. For more information on authorized collection sites, visit:
<https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>
 - ii. San Diego County Overdose Data to Action (OD2A) Work Group
 - 1. Still need volunteers to serve on work group
 - a. Preference for pharmacists with experience in opioid prescribing or pain management
 - b. Also interest in PBM pharmacist
 - 2. Time commitment: 1-2 hours a month for 2-3 months
 - 3. Email SDCPhA@gmail.com or Jennifer if interested

9. Adjourn

Take Back Day and Secure Your Meds

Hi San Diego County Pharmacists,

We hope 2021 is off to a good start for you and your family.

Good news! We are excited to announce that the next Take Back Day is April 24, 2021. Over ten thousand pounds of prescription drugs were collected in San Diego County at the Take Back Day event in October 2020. We hope you will encourage your patients to participate in keeping the community safe by placing expired and/or unused medications in local drop boxes or taking them to a Take Back event.

As part of its continuing efforts to reduce drug misuse and overdose, the Drug Enforcement Administration (DEA) is launching a winter campaign urging the public to "Secure Your Meds." The current health crisis has magnified the importance of addressing the issue of controlled prescription drug misuse. With Americans spending more time at home due to the pandemic, now is a good opportunity to clean out your medicine cabinets and secure unused medications.

This one action can prevent medications from getting into the hands of children and others who may misuse them.

The goal of the Secure Your Meds campaign is to raise awareness of the responsibility to keep prescription and other medications stored securely. Medications that are no longer used or have reached their expiration date should be secured until they can be disposed of in one of the 11,000 authorized, year-round collection sites, or until the next DEA National Prescription Drug Take Back Day, when patients can dispose of unused medications properly at a DEA collection sites.

Medicines that languish in homes cabinets are highly susceptible to diversion, misuse and abuse. Rates of prescription drug abuse in the United States are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused and misused prescription drugs are obtained from family and friends, including from home medicine cabinets.

For more information on authorized collection sites, visit:

<https://apps2.dea diversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>

Thanks,

Kelly McKay, MPH

Diversion Outreach Coordinator

San Diego Field Division

Drug Enforcement Administration