

SDCPhA Meeting

Thursday, March 11, 2021

AGENDA

1. Call to Order 6:33pm
2. Roll Call--Introductions
 - Jennifer H, Alex B. Danny M., David B., Juliana B, Alex L. Laura L, Paul D., Irene C., Rachel S., Cathy L.
3. Introduce guest speaker
 1. Alex Booras, Territory Business Manager, Dexcom. 10-15 min
 - Dexcom G6 - integrated CGM system
 - ADA 2021 Standards of Care update
 - Update 1 - CGM recommendations no longer distinguished between T1 or T2 diabetes, instead recommending CGM for all pts on MDI or pump therapy
 - Update 2 - Glycemic Goals A1C <7% or Tim in Range of 70% w/ time below Range
 - Provides whole story of what happens behind the scenes
 - Readings every 5 minutes, no fingersticks, includes alarms & alerts for highs/lows before they happen
 - 3 Components - sensor wire, transmitter (1 every 3 months), display device/smartphone (app availability may vary by phone system)
 - 3 sensors per box, sensors are good for 10 days each
 - Most insurances cover 100%, but does require prior authorization
 - Contact - Alex Booras (north of 52 freeway), Linda Nunes (South of 52 freeway).
 - Dexcom/APhA Session 3/12/21 @ 11:30am

- <https://dexcomeducation.com/march-12-register/>

4. CPhA UPDATES w/ Danny

- Juliana - can help with branding - logos, banners for local associations
- 3/18/21 CPhA Virtual Town Hall
- 3/20/21 Pharmacy Based Immunization Delivery
- 3/20/21 Immunization Administration by Technicians
- 3/25/21 Dynavax Webinar - Hep B vaccine for HCPs
- 4/14/21 Virtual Advocacy Day
 - cpa.com/event/virtual-advocacy-day-2021
- WPE NEW DATE - 6/18-6/20 @ Palm Springs, CA
- ON DEMAND: PrEP & PEP Training Available
- DESIRE TO SERVE - forms due 3/11/21 - DUE TONIGHT!
- CPhA Membership Benefits
 - Exclusive Pharmacy Law & Practice Conference - Virtually 2021
 - Spring & Fall availability
- CPhA Sponsored Legislation
 - SB 362 - Community pharmacies - prohibits quotas for financial incentives alone & enforcement of such quotas
 - SB 671 - Medi-Cal: Pharmacy Benefits - would authorize Dep of Healthcare Services to provide a disease management or similar payment to a pharmacy that the department has contracted with to dispense a specialty drug
 - SB 524 (Skinner) - Patient Steerings by some health plans/PBMs to be limited for financial incentives
 - SB 1064 (Fong) Vaccinations
 - Authorize pharmacists to administer all FDA approved vaccinations for California residents 3 y/o or older

5. Old Business: Approve February Meeting Minutes

1. President-elect: need nominations

2. Covid Volunteer Vaccinators - Alex Luli can connect with students for opportunities to help out the students and vaccination efforts

1. Resources:

a.

<https://health.ucsd.edu/coronavirus/Pages/vaccine-volunteer.aspx>

b.

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/PublicHealthPreparednessandResponse/SanDiegoMedicalReserveCorps.html>

3. Need speaker recommendations for Questions about Rx pricing (e.g. reimbursements, discount cards, etc.)—f/u with Danny from CPhA

6. New Business

1. Volunteer opportunities

- Paul Dwork volunteered to Judge for Science fair & will represent in 3/12 meeting with local San Diego legislator Christopher Ward
- Financial incentives for winning prizes \$50 each (2 or 3 total)
 - Award winners are to present their projects at one of the SDPhA meetings

2. Social events

- Increase virtual social events--volunteers to plan
- Examples: Happy hour, wine/beer/cheese tastings, Game night, paint nights, online escape room, etc.
- Irene Chia - P2 - suggested online escape room idea
 - <https://www.enchambered.com/puzzles/alone-together/>

3. Speakers / CE

1. Upcoming Speakers:

- a. April 8: Presentation on Exocrine Pancreatic Insufficiency (Abbvie)
 - B. Science Fair winners
 - 2. CE ideas? - Residents, UCSD, DisposeRx
 - 4. Fundraising:
 - i. Email from GroupRaise offering a restaurant fundraiser at Lemonade on March 28, 2021.
 - Have done in the past, created event coordinating meetings between mentors & mentees
 - 5. Community announcements
 - i. Drug Take-Back Day: April 24, 2021
 - 1. For more information on authorized collection sites, visit:
<https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>
 - ii. San Diego County Overdose Data to Action (OD2A) Work Group
 - 1. Volunteers needed to serve on work group
 - a. Preference for pharmacists with experience in opioid prescribing or pain management
 - b. Also interest in PBM pharmacist
 - 2. Time commitment: 1-2 hours a month for 2-3 months
 - 3. Email SDCPhA@gmail.com or Jennifer if interested
7. Adjourn - 7:44pm

Take Back Day and Secure Your Meds

Hi San Diego County Pharmacists,

We hope 2021 is off to a good start for you and your family.

Good news! We are excited to announce that the next Take Back Day is April 24, 2021. Over ten thousand pounds of prescription drugs were collected in San Diego County at the Take Back Day event in October 2020. We hope you will encourage your patients to participate in keeping the community safe by placing expired and/or unused medications in local drop boxes or taking them to a Take Back event.

As part of its continuing efforts to reduce drug misuse and overdose, the Drug Enforcement Administration (DEA) is launching a winter campaign urging the public to “Secure Your Meds.” The current health crisis has magnified the importance of addressing the issue of controlled prescription drug misuse. With Americans spending more time at home due to the pandemic, now is a good opportunity to clean out your medicine cabinets and secure unused medications. This one action can prevent medications from getting into the hands of children and others who may misuse them.

The goal of the Secure Your Meds campaign is to raise awareness of the responsibility to keep prescription and other medications stored securely. Medications that are no longer used or have reached their expiration date should be secured until they can be disposed of in one of the 11,000 authorized, year-round collection sites, or until the next DEA National Prescription Drug Take Back Day, when patients can dispose of unused medications properly at a DEA collection sites.

Medicines that languish in homes cabinets are highly susceptible to diversion, misuse and abuse. Rates of prescription drug abuse in the United States are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused and misused prescription drugs are obtained from family and friends, including from home medicine cabinets.

For more information on authorized collection sites, visit:

<https://apps2.dea diversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>

Thanks,

Kelly McKay, MPH

Diversion Outreach Coordinator

San Diego Field Division

Drug Enforcement Administration